



## **DYS Volunteers Activity Plan**

### **CHECKLIST FOR YOUTH SPORTS OPERATORS**

- DYS Board
- Coaches, Assistant Coaches
- Team Moms

### **Objective: Develop and Implement a Program Activity Hygiene Plan to include:**

- Sanitization of all program areas
- Sanitization of equipment before and after use, i.e.: Bats, Gloves, Helmets, Balls
- Hand washing or hand sanitizing before and after activities

### **Health protocols for DYS Board, Coaches, and Team Moms ("staff"):**

- Provide notice to all parents and guardians of the enhanced risks of participants being in direct contact with anyone age 65 or older for 14 days after participating in a sport event or practice.
- Train all staff on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette.
- Visually screen all staff each day for any of the following new or worsening signs or symptoms of possible COVID-19:
  - Cough
  - Shortness of breath or difficulty breathing
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - Loss of taste or smell
  - Diarrhea
  - Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
  - Known close contact with a person who is lab confirmed to have COVID-19
- Limit staff with underlying conditions from attending or staffing the youth sporting event.
- Consistent with the actions taken by many employers across the state: consider having all staff wear cloth face coverings (over the nose and mouth). If available, staff should consider wearing non-medical grade face masks.

- Staff should mitigate environmental exposures by additional cleaning and disinfecting of symptomatic staff's dugout area, fields, and bathrooms. Staff should follow and supervise the Program Activity Plan and, if applicable, the Transportation Plan.

**Health protocols regarding sick participants and staff members:**

- Isolate staff and participants exhibiting new or worsening signs or symptoms of possible COVID-19 and contact the local health department.
- Do not allow staff with the new or worsening signs or symptoms of COVID-19 to return to work until:
  - In the case of a Board Member who is diagnosed with COVID-19, the individual may return to work when all three of the following criteria are met: at least 3 days (72 hours) have passed *since recovery* (resolution of fever without the use of fever-reducing medications); and the individual has *improvement* in symptoms (e.g., cough, shortness of breath); and at least 10 days have passed *since symptoms first appeared*; or
  - In the case of a board member who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to work until the individual has completed the same three-step criteria listed above; or
  - If the board member has symptoms that could be COVID-19 and wants to return to work before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on a negative nucleic acid COVID-19 test and an alternative diagnosis.
- Board Members should help the operator in identifying exposure risks (a.k.a. contact tracing).
- Each sporting team is considered a cohort. Outside of the sporting event, discourage mixing between cohorts.
  - Immediately isolate any participant or staff member who tests positive for COVID-19.
  - If a staff member tests positive for COVID-19, the director should notify parents or guardians of possible exposure to a lab-confirmed case of COVID-19.
  - If 3 or more cohorts in a sports league have individuals test positive for COVID-19, work with state and local public health authorities about continued operations of the youth sports league.
  - Using the groups or cohort strategy, contact tracing can be initiated promptly, and isolation and surveillance can be implemented in short order.

**Health protocols for grounds and facilities:**

- Develop, train, and implement increased daily sanitization protocols for common surfaces, restrooms, recreational equipment, and facilities.

- Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available throughout the facility.
- **Consider having an individual (i.e. Coach, Assistant Coach, Team Mom) wholly or partially dedicated to ensuring the health protocols adopted by the youth sports league are being successfully implemented and followed.**
- Health policies and protocols should include communicating and coordinating with the local health department, local emergency services, and local health care providers.
- Consistent with the actions taken by many employers across the state: consider having all staff and participants wear cloth face coverings (over the nose and mouth). If available, staff and participants should consider wearing non-medical grade face masks.

#### **ACTIVITY PLAN FOR COACHES & STAFF ON FIELDS:**

- Coaches and staff should consider wearing masks on the fields at all times
- Coaches should sanitize the dugouts/seating before and after practices/games
- Coaches should sanitize the bleachers before and after practices/games
- Coaches must provide hand sanitizer for games and practices.
- Any coach (es) not abiding by the rules will forfeit their privilege to participate in DYS activities.